



NUNS' ISLAND J.K.A. SHOTOKAN KARATE CLUB

Nuns' Island JKA Spring-Seminar-2025 May 8th & 11th



Guest Instructor – Shimizu Ryosuke sensei 6th Dan JKA-Head Quarters, Japan

We would like to invite you to the Nuns' Island-JKA Annual Spring-seminar. This year we have a special guest instructor from the JKA-Headquarters, Tokyo, Japan. The seminar will focus on the JKA standards in Kihon, Kata and Kumite as well as emphasizing on betterment of good character, manners, discipline and sportsmanship.

There will be Qualifications and Dan exams up to and including Godan.

Canadian National Championship training:

There will be two special training classes, one for Kata and the other for Jiyu Kumite, in preparation for the Canadian National Championships for the following weekend. (These classes are open to all brown and black belts, even if not competing).

Thursday	18:00-19:00	White/Yellow to Blue belts.
May 8 th	19:00-20:00	
	20:00-21:00	Dan.
Friday	18:00-19:00	White/Yellow to Blue belts.
May 9 th	19:00-20:00	Brown & Dan
	20:00-21:00	Dan.
	09:00-10:00	Brown & Dan; Canadian Nationals training-Kata (Open to all Brown & Dan)
	10:00-11:00	Dan; Qualification preparation (Open to all Dan)
Saturday May 10 th	11:00-12:00	White/Yellow to Blue belts
	14:00-15:00	Brown & Dan; Canadian Nationals training-Kumite (Open to all Brown & Dan)
	14:00-16:00	White/Yellow to Blue belts
	9:00-10:30	Brown & Dan; Exam preperation (Open to all Brown & Dan, even if you are not in the exam)
Sunday May 11 th	11:00	Qualifications written exam
	12:30	Qualification practical & Dan exam

Seminar registration fee structure

Dan	By May 1 st	After May 1 st	
Full seminar	8 classes	\$180	\$200
Half seminar	\$ 120	\$140	
Per class	\$ 40	\$ 50	

Brown belts	By May 1 st	After May 1 st	
Full seminar 5 classes		\$140	\$160
	\$100	\$120	
	2 classes	\$70	\$ 90
Per class	\$ 40	\$ 50	

Color belts	By May 1 st	After May 1 st	
Full seminar	4 classes	\$120	\$140
Half seminar	\$ 70	\$95	
Per class	\$ 40	\$ 50	

Methods of payments "for the seminar only

<u>Via E.transfer (By May 1st):</u> To <u>nunsisland@canadajka.ca</u>; please use <u>karate</u> as your password and include <u>your full name</u> and <u>your dojo name</u> in the email.

At the dojo (After May 1st): Exact amount (\$) only, (No cheques will be accepted)

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<u>Dan</u>	and	Qualifications	exam	fees

(USD)				
Dan		Qualification		
Shodan	\$250 usd	Level	D	С
Nidan	\$280 usd	Instructor	\$110 usd	\$ 110 usd
Sandan	\$300 usd	Judge	\$110 usd	\$ 110 usd
Yondan	\$350 usd	Examiner	\$160 usd	\$ 220 usd
Godan	\$525 usd			
Important Exam requirements Valid JKA membership JKA passport Deadline for submission of Dan and qualification forms: May 1 st , 2025 Payment deadline : May 8 th , 2025 Payable in USA in person only				

Registration form

Name:			Family name:	C	ојо:
Niveau			Age: 12 and under ${\sf O}$	13 to17 O	Over 18 O
Email:				Phone:	
<u>Payme</u>	ents: Please c	heck	one		
Dan:	Full seminal Half seminal Per class				
Brown	Full seminar 3 classes 2 classes Per class	0000			
Color:	Full seminar Half seminar Per class				
		Am	nount of payment:		

Release of liability

I understand that my participation in the Nuns' Island-JKA seminar and any competitions is at my own risk, and I agree not to hold the Japan Karate Association, its instructors, members, or staff responsible or liable for any loss, injury or accidents resulting from my participation.

Date:	
Please print the name of participant:	
Participant signature:	
Parent/Guardian signature (if under	18 years):

Registration, Dan & Qualification submission deadlines and criterias

- Registration and Dan form submission deadline: May 1st, 2025.
- Dan & Qualifications payment deadline: May 8th, 2025.
- Examinees must take at least half seminar.
- Your Sensei's permission.
- Must have a valid JKA-membership & passport.

D-level Instructor:	 You must have attained your <u>Nidan</u> for at least 3 months; minimum age: 20 years old
<u>D-level Judge</u> :	-You must have attained your <u>Nidan</u> for at least 3 months and have your Instructor D-level; minimum age: 20 years old.
<u>D-level Examiner:</u>	-You must have attained your <u>Sandan</u> for at least 3 months and have your D-level instructor as well as D-level judge; minimum age 25 years old.
C-level Instructor:	-Min 3 month wait after receiving <u>Sandan</u> . Class-D Instructor certification.
<u>C-level Judge</u> :	-Min 3 month wait after receiving <u>Sandan</u> . Class-D Judge certification.
<u>C-level Examiner</u> :	-Min 3 month wait after receiving <u>Yondan</u> , min 1 year wait after receiving Class-D examiner. Class-C Instructor & Judge certification.

"FILMING & PHOTOS ARE STRICTLY PROHIBITED"

Seminar Location Nuns' Island-Dojo (Tennis club) 300-Chemin du golf, Montreal, Qc, H3E-1A8

(Free parking; please time yourselves well with traffic)

Hosted by Nuns' Island-JKA

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